



## The Hand & Wrist Institute Joins Orthopedic Institute of North Texas

DALLAS, TEXAS (August 1, 2025) The Hand and Wrist Institute is merging with the Orthopedic Institute of North Texas (O.I.N.T.) a premier orthopedic private practice in the Dallas-Fort Worth area. This strategic integration marks an important milestone in expanding access to top-tier orthopedic care across the region.

Led by board-certified hand and wrist surgeon Dr. John Knight, M.D., The Hand and Wrist Institute is known for its advanced minimally invasive surgical techniques and expertise in treating complex wrist and hand conditions, including stitchless endoscopic carpal tunnel release, nerve and tendon injuries, ligament damage, and reconstructive procedures. In addition to his Southlake office, Dr. Knight also sees patients at the O.I.N.T. Dallas location.

*“Being an independent provider in a very competitive market can be challenging”, said Dr. Knight, “Joining a prominent orthopedic practice, like Orthopedic Institute of North Texas makes sense. Our philosophy in providing exceptional care and service is aligned and all the surgeons are well-respected and experts in their field. I look forward to working with each of them and growing the practice together.”*

Founded by Dr. Justin Kane, M.D. in 2018, the Orthopedic Institute of North Texas has built a reputation for combining surgical excellence with compassionate, personalized care. Under Dr. Kane’s leadership, O.I.N.T. has grown into a physician-owned subspecialty practice committed to innovation and an exceptional patient experience. With a core focus on driving better outcomes and expanding community access to orthopedic care, this merger brings together two highly respected teams to offer broader expertise, more locations, and seamless access to specialized treatments.

*“We are excited to join forces with Dr. Knight and his team,” said Dr. Kane. “This integration allows us to expand our reach across North Texas while continuing to invest in innovation, technologies, and a patient-first approach. Together, we are creating a more connected, comprehensive care experience for our communities.”*

O.I.N.T. currently operates clinics in Frisco, Flower Mound, and Dallas, and with the addition of Dr. Knight’s practice, the group expands to a fourth location in Southlake. The combined expertise across the practices now includes board-certified specialists in foot & ankle, shoulder and upper extremity, hand & wrist, spine and sports medicine, further reinforcing O.I.N.T.’s vision to become the preferred orthopedic provider in the DFW area.